



## COVID-19 HR Factsheet: Staff Discounts, Offers and Priority Shopping Times for NHS staff

There are discounts and priority shopping times available to NHS staff to ensure they can access essential items and to say thank you for their hard work during the ongoing COVID-19 pandemic.

It's important that NHS staff display their NHS ID when visiting stores to gain access and/or discounts at participating stores. We will continue to update and add to the list of participating stores, online benefits, restaurants and cafés, however, please note that some offers may be subject to change at short notice.

### List of supermarket offers

Many of the major supermarkets have reserved designated time for NHS workers to do their shopping outside of busy periods.

Companies	Details of offer	Link
B&M	10% discount to all NHS staff. Just need to show a NHS identity card at checkout.	<a href="#">Get the offer</a>
Morrisons	10% discount until 12 July.	<a href="#">Get the offer</a>
Marks and Spencer	Priority hours for NHS and emergency services workers – first hour on Tuesday and Friday morning	<a href="#">Get the offer</a>
Tesco	Special trading hours for NHS staff: 9am – 10am Tuesdays and Thursdays in larger stores, and open one hour earlier before checkouts open on Sundays.	<a href="#">Get the offer</a>
Asda	Priority hours for NHS staff – 'prioritising' NHS staff in larger stores: 8am – 9am Monday, Wednesday, Friday	<a href="#">Get the offer</a>
Morrisons	Priority hours for NHS staff: 7am – 8am Monday to Saturday	<a href="#">Get the offer</a>
Sainsburys	Reserved hours for NHS and social care workers: 7:30am – 8:00am Monday to Saturday	<a href="#">Get the offer</a>
Waitrose	Setting aside hard to find essentials for NHS staff, priority entrance and checkout treatment	<a href="#">Get the offer</a>
Aldi	Priority hours for NHS staff: 9:30am – 10am Sunday with ID	<a href="#">Get the offer</a>
Iceland	Priority hours – final hour of opening for NHS staff.	<a href="#">Get the offer</a>

Booths	Priority hours for NHS: Monday to Saturday 7am to 8am, and 8pm to 9pm (7pm – 8pm Chorley and Kendal only), Sunday 9am to 10am (10am – 11am Media City only)	<a href="#">Get the offer</a>
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## List of food offers

Companies	Details of offer	Link
Deliveroo	50,000 £20 vouchers available for NHS staff. NHS workers can redeem their £20 voucher by setting up a Deliveroo account with their NHS email address.	<a href="#">Get the offer</a>
Just Eat	25% discount on takeaway and delivery. Offer extended to 26 April.	<a href="#">Get the offer</a>
Soulful Food	Offering £10 off boxes of 12 chilled ready meals to NHS staff. Email hello@soulfulfood.com from your NHS email account to be sent a code.	<a href="#">Get the offer</a>
Vibrant Vegan	£15 off boxes of six frozen ready meals to NHS staff. Email nhshero@vibrantvegan.co.uk from your NHS email account to be sent a code.	<a href="#">Get the offer</a>
Mindful Chef	30% off food box and ready meal deliveries	<a href="#">Get the offer</a>
Hotel Chocolat	50% discount on online orders – valid with Blue Light Card or NHS Email address. Claim discount code through link. Valid to 30 April.	<a href="#">Get the offer</a>
Olio	#Cook4Carers campaign – NHS staff and care workers can claim meals and food specifically for them through Olio platform (online, app, web) in their neighbourhood through non-contact pickup	<a href="#">Get the offer</a>
Cook 19	Providing free meals to NHS staff via waiting list system.	<a href="#">Get the offer</a>
Las Iguanas	50% off food to NHS workers at locations that remain open for takeaway and a free Coke can (while stocks last).	<a href="#">Get the offer</a>
LEON	50% discount to NHS workers, restaurants also now selling supermarket supplies.	<a href="#">Get the offer</a>
DG Cars Nottingham	Free bread and milk for NHS staff and elderly.	<a href="#">Get the offer</a>
YO! Sushi	50% off all food orders.	<a href="#">Get the offer</a>
The Athenian	50% discount on delivery orders to any NHS hospital, surgery, clinic or care home.	<a href="#">Get the offer</a>

Yard Sale Pizza	50% off collection, 25% off delivery for NHS staff	<a href="#">Get the offer</a>
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## List of transport offers

Companies	Details of offer	Link
AA	If you work for the NHS and you break down travelling between home and work, call us 24/7 on your dedicated NHS number 0800 072 5064. Show your NHS ID to the patrol when they arrive – no requirement to be an AA member.	<a href="#">Get the offer</a>
Stagecoach South West	Free bus travel for NHS Staff with an NHS badge.	<a href="#">Get the offer</a>
Stagecoach South East	Free bus travel for NHS Staff with an NHS badge.	<a href="#">Get the offer</a>
Stag Lane Motors	Free breakdown and recovery service to any NHS staff, key worker or vulnerable person if not registered with a main breakdown club.	<a href="#">Get the offer</a>
Veygo	75% off short term car insurance for NHS staff	<a href="#">Get the offer</a>
Halfords	Free 10 point car check, including top-ups of tyre inflation, screen wash and checks on oil levels, headlights and brake lights.	<a href="#">Get the offer</a>
JustPark	Free driveway parking for NHS workers	<a href="#">Get the offer</a>
Chorley Group	50% off repairs and servicing	<a href="#">Get the offer</a>
Addison Lee	25% off rides for all NHS workers.	<a href="#">Get the offer</a>
Uber bikes (Jump)	Up to 50 free journeys on their electric bikes	<a href="#">Get the offer</a>
Ola Cabs	50% off rides to and from work; available for the first 10 rides, running to the 7 of April.	<a href="#">Get the offer</a>
Blue Line Taxis	Discount vouchers for NHS staff in North East	<a href="#">Get the offer</a>
FreeNow	50% discount for rides for NHS workers	<a href="#">Get the offer</a>
Gett UK	£10 rides for NHS workers	<a href="#">Get the offer</a>
NCP (Parking)	NHSFREE, which is automatically applied when you book through the website <a href="http://www.ncp.cp.uk">www.ncp.cp.uk</a> .	<a href="#">Get the offer</a>
Hertz	£1 day car rental for frontline workers including NHS workers	<a href="#">Get the offer</a>
Santander Cycles	Free 24-hour access code (THANKSNHS), and free journeys in London under 30 minutes.	<a href="#">Get the offer</a>
Brompton Bike Hire	Free 30-day foldable bike rental	<a href="#">Get the offer</a>

Hiya Car	Free car hire for NHS staff during lockdown (longer if needed)	<a href="#">Get the offer</a>
Uber	Free rides and meals for NHS staff	<a href="#">Get the offer</a>
NHS Trust Parking	Free parking for NHS staff	<a href="#">Get the offer</a>
Europcar	Up to 10% off car hire for NHS and emergency service workers	<a href="#">Get the offer</a>
Asda Tyres	10% off all tyres for NHS staff	<a href="#">Get the offer</a>
DG Cars Nottingham	20% off Taxis fares for NHS staff	<a href="#">Get the offer</a>
Cycling UK	3 months membership, which includes free insurance, legal advice, online retail discounts and digital magazines	<a href="#">Get the offer</a>
Karshare	Free checked, cleaned, insured vehicles available for NHS staff/volunteers – available at the Docklands, Bristol and Brighton. Cars donated by members of the public	<a href="#">Get the offer</a>
Your Parking Space	Free parking spaces for NHS staff across selected car parks	<a href="#">Get the offer</a>
Virtuo	Offering 50 free cars to NHS staff (London, Manchester, Edinburgh)	<a href="#">Get the offer</a>

## List of accommodation offers

Companies	Details of offer	Link
Landmark Trust	Free accommodation in Landmark's buildings offered for NHS critical staff	<a href="#">Get the offer</a>
Air BNB	Free places to stay for frontline NHS staff (for entire homes that meet safety and cleanliness protocols). Air BnB will help connect NHS staff living more than 30 minutes from their place of work with an appropriate site for free.	<a href="#">Get the offer</a>
Homes for NHS	Collective organising free accommodation for NHS workers (with small contributions requested for maintenance and cleaning). Follow link to request accommodation assistance through online form.	<a href="#">Get the offer</a>

## List of miscellaneous offers

Companies	Details of offer	Link
Bubble	Offering the bubble childcare platform free of charge to enable NHS parents to match with local sitters who wish to volunteer for them.	<a href="#">Get the offer</a>
Hachette UK	Free e-book download.	<a href="#">Get the offer</a>
Olympia Publishers	20% off all of our books with free shipping.	<a href="#">Get the offer</a>
Pets at Home	10% discount to all NHS staff. Just need to show a NHS identity card at checkout.	<a href="#">Get the offer</a>
WorldRemit	£50 voucher for new and existing customers registered with an NHS email address.	<a href="#">Get the offer</a>
WHSMITH	20% discount in all hospital stores	<a href="#">Get the offer</a>
Superdrug	20% discount with a Superdrug card and NHS ID	<a href="#">Get the offer</a>
Headspace	Free access to Headspace Plus for NHS workers until 31st December 2020	<a href="#">Get the offer</a>
Simba	50% discount to NHS workers	<a href="#">Get the offer</a>
FitFlop	Extra 20% discount (on top of 50% discount)	<a href="#">Get the offer</a>
Gillette	Free razor	<a href="#">Get the offer</a>
Bloom & Wild	40% discount on flowers	<a href="#">Get the offer</a>
Microsoft	NHS workers can use Microsoft Teams for free during crisis.	<a href="#">Get the offer</a>
Big Drop Brew	30% discount on online orders for NHS staff	<a href="#">Get the offer</a>
Kurt Geiger	50% discount for a year when stores re-open	<a href="#">Get the offer</a>
O2	25% discount on O2 Perks and Airtime Plans	<a href="#">Get the offer</a>
SAS Daniels	Discounted private client services and out of hours meetings for NHS staff	<a href="#">Get the offer</a>
Rebelfit	Free membership for NHS workers	<a href="#">Get the offer</a>
Salford Rum Company	Additional £10 discount for NHS workers	<a href="#">Get the offer</a>
SHO Water Bottles	50% discount for NHS workers	<a href="#">Get the offer</a>
Snag Tights	Free item – if selected	<a href="#">Get the offer</a>
Silent Pool Gin	20% discount for NHS workers	<a href="#">Get the offer</a>
Top Dog Harnesses	30% discount for NHS workers	<a href="#">Get the offer</a>
unmind	Free access for NHS workers	<a href="#">Get the offer</a>
Fiit	3 months of premium membership for free	<a href="#">Get the offer</a>
Floweret	Free period cup, pad or period pants	<a href="#">Get the offer</a>

Vodafone	30 days of unlimited mobile data for NHS staff	<a href="#">Get the offer</a>
Telegraph	6 month free online subscription for NHS staff. Email NHS@telegraph.co.uk from an NHS email account only to claim offer.	<a href="#">Get the offer</a>
EE	Unlimited data until 9 October for EE pay monthly mobile plan customers who are NHS staff. Register through link.	<a href="#">Get the offer</a>
Nutribuddy	50% off everything for NHS staff online. Email support@nutribuddy.com from your NHS email account or alternatively email your NHS badge to get a code.	<a href="#">Get the offer</a>
Azomee	Free three month subscription for shows and videogames platform for children for NHS staff. Sign up for account through link to claim discount.	<a href="#">Get the offer</a>
Sleepio & Daylight	Sleep-help programme and anxiety-reduction app giving free access to NHS staff who sign up online using the special links with their NHS email account.	<a href="#">Get the offer</a>
Kwik Fit	NHS staff receive a 10% discount on tyres, services and batteries on online orders until the 30th of June 2020	<a href="#">Get the offer</a>
Create and Craft	25% discount to Blue Light Card holders	<a href="#">Get the offer</a>
Baxi Heating	Free repair of Baxi Heating boiler or cylinder until 30 June 2020	<a href="#">Get the offer</a>
Quote Goat	Quote Goat is offering £20 off any car insurance policy for all NHS & emergency workers purchasing car insurance through Quote Goat's comparison service. After purchasing a car insurance policy through Quote Goat, email contact@quotegoat.com to claim your £20 cashback	<a href="#">Get the offer</a>