People Asset Management Limited PAM was formed in 2004 following an opportunity to supply their services to a leading high street retailer Asda Wal-Mart who they still supply to today on a national basis. The company has grown organically at a consistent rate of 30% year on year and they are now the largest privately-owned Occupational Health, Rehabilitation, Wellbeing & Absence Management company in the UK, providing services to a range of different clients in both the private and public sectors - currently supporting more than 700,000 employees across more than 1,000 UK-wide clients, which includes over 50 councils, 25 NHS Trusts, several emergency services and 20 Central Government clients.

They have a workforce consisting of over 500 staff based regionally throughout the UK who provide a comprehensive range of high-quality services, delivered through a bespoke combination of on-site implanted staff, remote services (including telephone & secure video conferencing) and clinic-based services via a UK wide network of PAM clinics.

Services are offered nationwide and they have established regional management teams to support their clients locally. Supporting this is their extensive IT capability, recognised quality management systems and solid financial standing.

Since the business was formed, PAM have continued to expand their portfolio of services, which has enabled them to provide bespoke partnership solutions, working together to add value to the wellbeing, performance and productivity of their clients' employees. This philosophy can be seen through the development of PAM's in-house specialist business operations:

## **Occupational Health Services**

Quality driven services aimed at preventing industrial injury and supporting the management of sickness absence; including: management referrals, pre-placement screening, vaccinations, health surveillance, fitness for work and statutory medicals.

## **Psychological Services**

PAM's unique stepped care model ensures that colleagues receive the most effective and appropriate therapy to enable them to return to normal health and work as early as possible. Following an initial triage assessment, treatment pathways include: guided self-management, counselling, CBT, EMDR therapy & occupational psychology.

### **Physiotherapy Services**

A comprehensive physiotherapy & ergonomics solution, incorporating 'same-day' telephone triage, guided self-help, physiotherapy treatment, functional capacity evaluations, physical capability assessments & functional restoration programmes.

# **Wellness Solutions**

Whether the aim is to reduce stress, build resilience, prevent injury, eat healthier or increase physical activity, PAM offer tailored solutions designed to make a real and long-term difference to colleague health & wellbeing; including: wellness consultancy, heath promotion events, mini drop-in assessments, workshops, lunch 'n' learn exercises, stress resilience training and PAM's online lifestyle improvement programme 'Health Manager'.

#### **Drug & Alcohol Services**

Providing support to employers and their employees through preventive screening; including: preemployment, for cause and random programmes, along with focused education and rehabilitation management.

# **Employee Assistance Programme**

A targeted staff benefit to help your colleagues deal with all of life's ups and downs. Key features include: a confidential 24/7 Advice line, counselling & CBT, workplace promotion, critical incident response and a range of online information & support.

# **DayOne Absence Management**

A first-day absence reporting & management service, which focuses on reducing short term absence levels. The service also acts as an employee benefit, by helping to support people back into work as quickly and safely as possible, with the option to onward refer to OH, Physiotherapy and Counselling.

For more information please see:

www.pamgroup.co.uk