

NCL ICB WRES Diversity and Inclusion Book, Film & Music Club Programme Summary.

2020 – 2022 PROGRAMME

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ICB Senior Equality, Diversity and Inclusion
Manager



Summary of NCL ICB Pan London Virtual Library

Launch 21.07.22.



Diversity and Inclusion Book, Film & Music Club

NCL Diversity and Inclusion Book, Film & Music Club

Book, Film & Music Club

The NCL Diversity and Inclusion Book, Film & Music Club has been meeting on a monthly basis since December 2020 and has been generating a lot of interest from staff who have provided the facilitator with very positive feedback on the fantastic work that has taken place to ensure this book, film & music club continues. Other feedback regarding attending this book, film & music club includes confirmation that discussions about equality, diversity and inclusion can be held in a safe space where staff can feel comfortable to disclose issues that are pertinent to their lived experience. The interest in the book and film club has increased and includes diverse members of NCL staff. All Staff Networks have been involved – B.A.M.E Staff Network, Disability Staff Network and LGBTQ+ Network to cover protected groups and intersectionality. NCL CCG was successful in securing funding from NHSE/I re: establishing a Pan London Virtual Library with NCL as the host organisation. A Pan London Virtual Library Implementation Plan is in place and the launch will provide a live demonstration using OpenAthens and Kortext as the platform to do this, which all NHS Staff have access to. Meetings took place with the NHS Knowledge Specialists and other key external stakeholders to be part of the Book, Film & Music Club including representation from Health Education England (HEE) and NHSE/I. The aim is for other NHS Organisations to model the NCL ICB approach.



Black History Month October 2021 "Proud To Be"- 10 Famous Books

“Today Angela you have shifted my thoughts, changed my day and disrupted my perspective on my lens on life - all in an hour! Thank you for such a superbly well researched presentation that brought the long shadows of discrimination and racial injustice powerfully into our rooms. I’m so glad to have been privileged to share your courage and passion in ‘doing what is right’ during this CCG supported workshop.” **NCL CCG Governing Body Nurse.**

Positive feedback given on being able to discuss Equality, Diversity and Inclusion Issues in a creative, safe space within the work environment and being able to express thoughts without constraint.

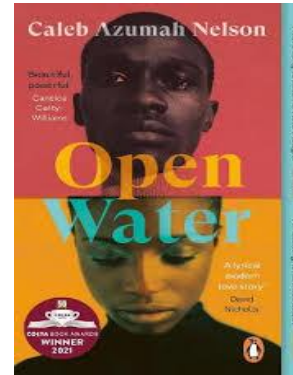
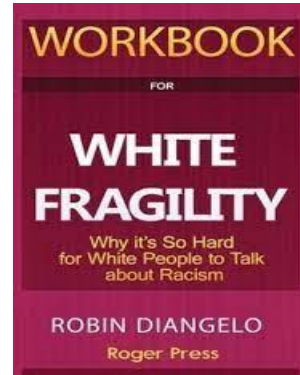
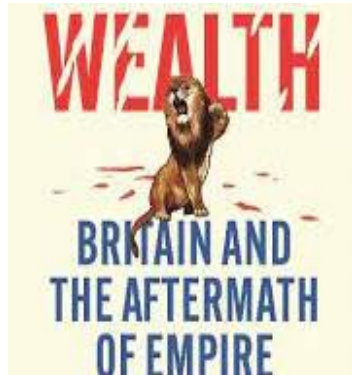
Themes

- **February 2022:** Rebirth, Hope, Sacrifice, Humanity and Sense of Belonging.
- **March 2022:** Civil unrest, national/family identity, belonging, nostalgia, emigration, anger.
- **April 2022:** Love, giving, pain, friendship and the role of women in modern society.
- **May 2022:** Corruption, dictatorship, betrayal, nepotism, impunity, human rights, activism, rebellion, struggle against social injustice.
- **June 2022:** Social justice, agony, conflict, exploitation, struggle, sorrow, joy, passion, survival, love, compassion, innovation.

Themes for Book, Film & Music Club Cont'd

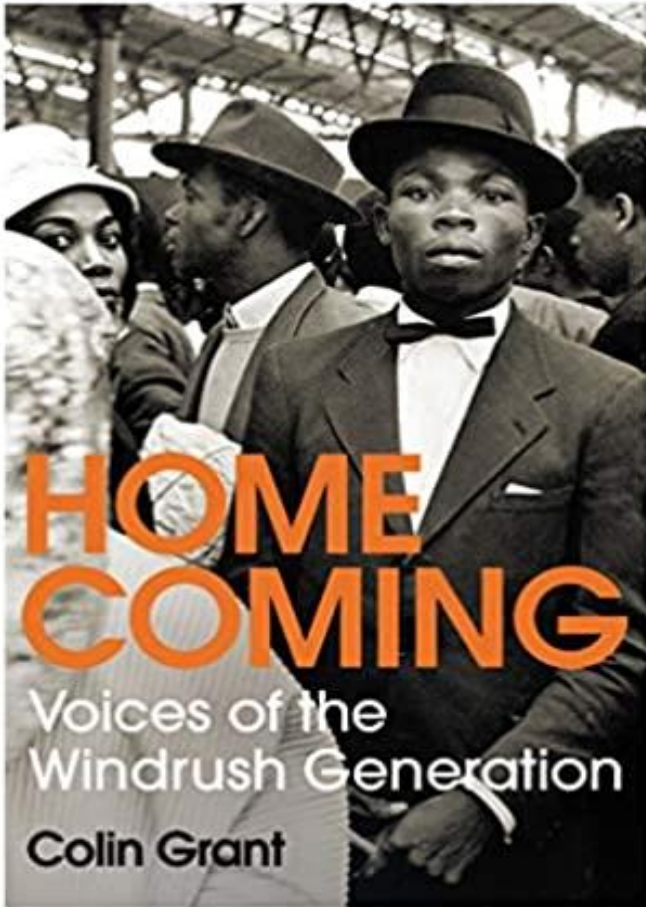
Quotes

- **February 2022:** “Money Can’t Buy Life” Bob Marley.
- **March 2022:** “Yesterday I was clever, so I wanted to change the world. Today I am wise so I am changing myself.” Rumi – Persian Poet 13th Century
- **April 2022:** “Clouds come floating into my life, no longer to carry rain or usher storm, but to add color to my sunset sky” Rabindranath Tagore
- **May 2022:**
 - ❑ “I refuse to live my life in fear, the secret to life is to have no fear.” Fela Kuti
 - ❑ "It was better while we waited. Now we have nothing to look forward to. We have killed our past and are busy killing our future" Francis Imbuga
- **June 2022:** “My best friend is music because it is through music that people like me.” Salif Keita.

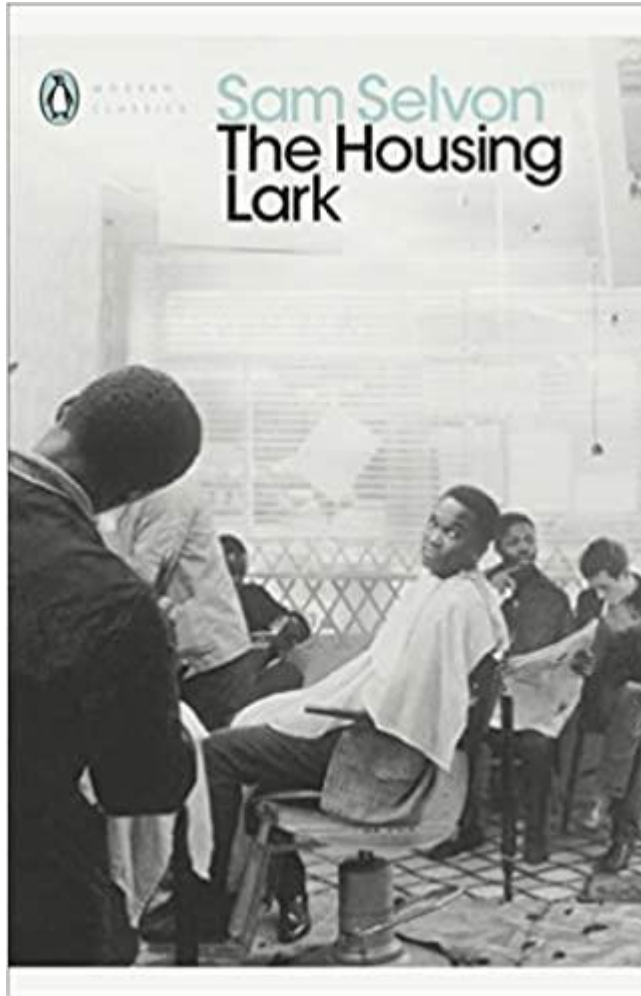


BOOKS

2020 -2022



'An extraordinary and compelling book' *Daily Telegraph*



Title: Homecoming – Voices of the Windrush Generation.

Author: Colin Grant

Date: 25.02.22

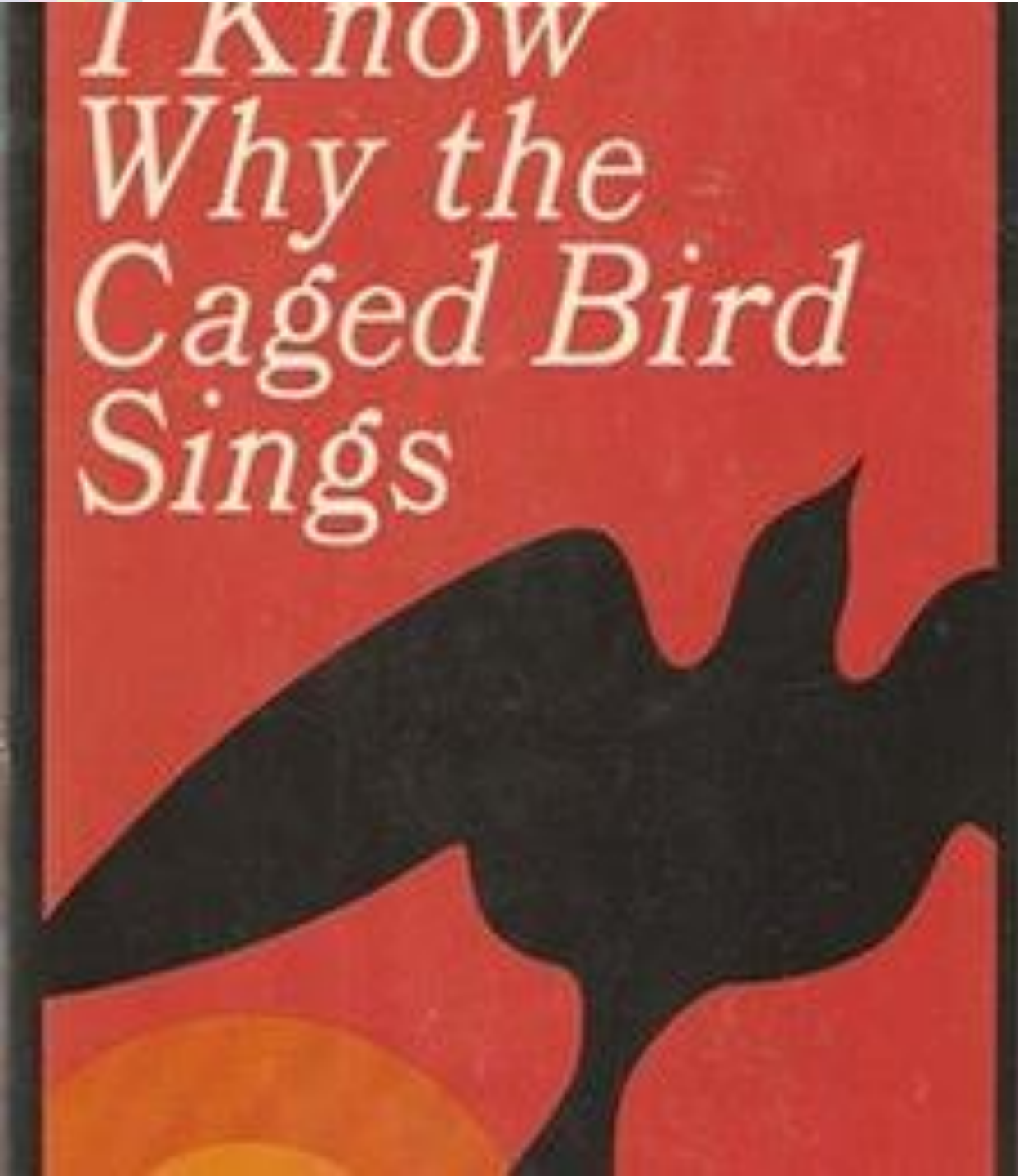
Time: 11.30 – 12.15

Title: The Housing Lark.

Author: Sam Selvon

Date: 25.02.22

Time: 11.30 – 12.15



“I know Why The
Caged Bird Sings”
by Maya Angelou

I Know Why The Caged Bird Sings

I Know Why the Caged Bird Sings is a 1969 [autobiography](#) describing the early years of American writer and poet [Maya Angelou](#). The first in a seven-volume series, it is a [coming-of-age story](#) that illustrates how strength of character and a love of literature can help overcome [racism](#) and [trauma](#). The book begins when three-year-old Maya and her older brother are sent to [Stamps, Arkansas](#), to live with their grandmother and ends when Maya becomes a mother at the age of 16. In the course of *Caged Bird*, Maya transforms from a victim of racism with an [inferiority complex](#) into a self-possessed, dignified young woman capable of responding to prejudice.

I Know Why the Caged Bird Sings

The book's central character has been called "a symbolic character for every black girl growing up in America"

The metaphor of “a bird struggling to escape its cage, is a central image throughout the work, which consists of "a sequence of lessons about resisting racist oppression".^[2] Angelou's treatment of racism provides a thematic unity to the book. Literacy and the power of words help young Maya cope with her bewildering world; books become her refuge as she works through her trauma.”

I Know Why the Caged Bird Sings

Quotations

- “Words mean more than what is set down on paper. It takes the human voice to infuse them with shades of deeper meaning.”
- “There is no greater agony than bearing an untold story inside you.”
- “Hoping for the best, prepared for the worst, and unsurprised by anything in between.”
- “When things were very bad his soul just crawled behind his heart and curled up and went to sleep”
- “If growing up is painful for the Southern Black girl, being aware of her displacement is the rust on the razor that threatens the throat. It is an unnecessary insult.”
- “She comprehended the perversity of life, that in the struggle lies the joy.”

Imagery

- The bird **represents freedom or desire to be free**, while the cage symbolizes confinement or oppression.
- “The lamplight in the Store gave a soft make-believe feeling to our world which made me want to whisper and walk about on tiptoe.”
- “Each year I watched the field across the store turn caterpillar green, then gradually frosty white.”
- “In cotton-picking time the later afternoons revealed the harshness of Black Southern life, which in the early morning had been soft-ended by nature’s blessing of grogginess, forgetfulness and the soft lamplight.”
- The earth was carpeted with a silky layer of dried grass and cotton stalks.”

Themes

- Sense of belonging
- References to landscape as a backdrop to the narrative.
- Literary references and links to other narratives.
- Social centres of community

Summary of Book Club 2020 - 2021

December 2020 - May 2021: “White Fragility – Why It’s So Hard For White People to Talk About Racism” by Robin DiAngelo

June 2021- July 2021: “Your Silence Will Not Protect You” by Audre Lorde

September 2021:

☐ Poems of Linton Kwesi Johnson:

https://en.wikipedia.org/wiki/Linton_Kwesi_Johnson

☐ “The White Tiger” by Aravind Adiga

November 2021: Poem “A Hymn To The Evening” by Phillis Wheatley”

December 2021: “Girl, Woman, Other” by Bernardine Evaristo

Summary of Book Club 2022

January 2022: “The Guernsey Literary And Potato Peel Pie Society” by Mary Ann Shaffer and Annie Barrows.

February 2022:

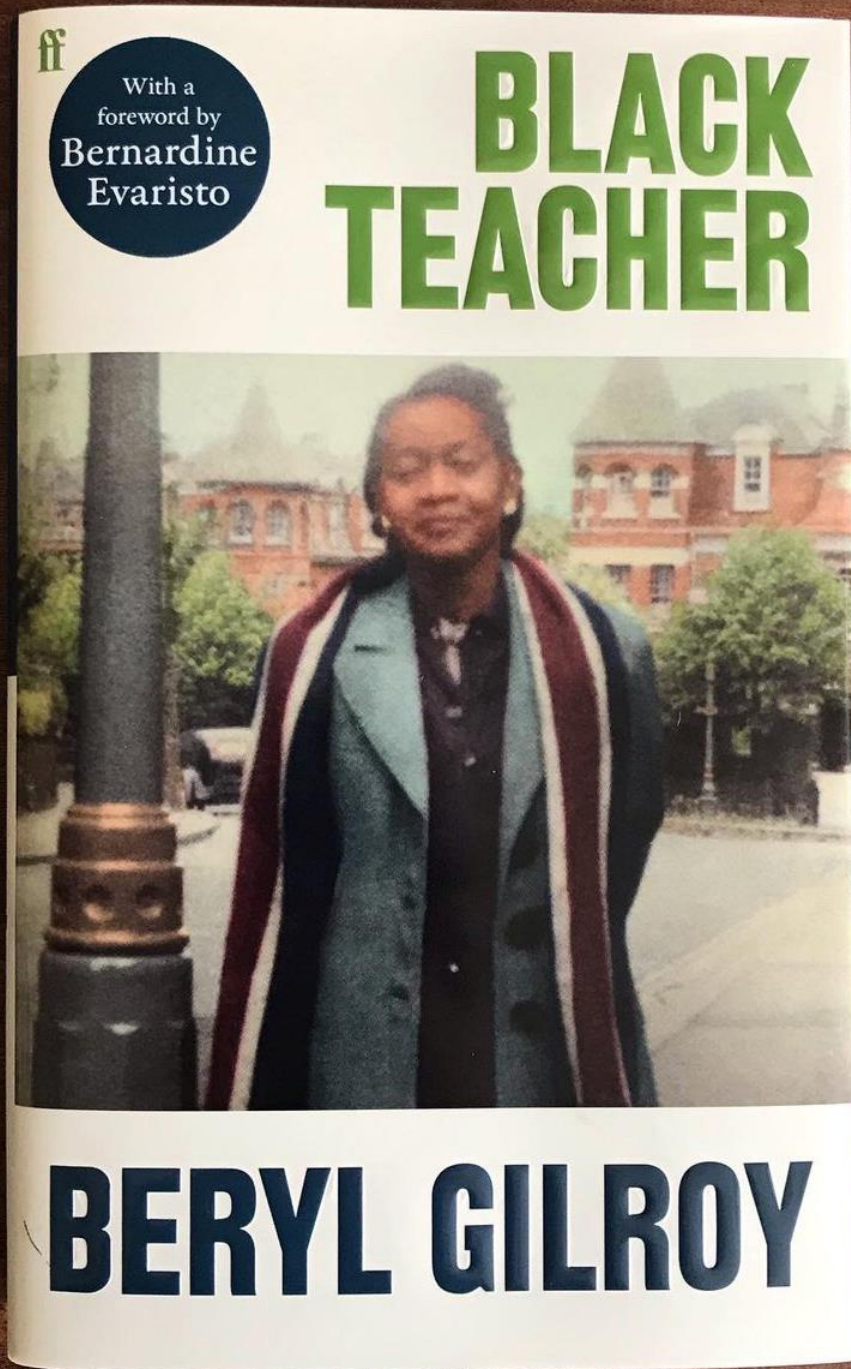
❑ [Homecoming - Voices of the Windrush Generation](#) by Colin Grant

❑ [The Housing Lark](#) by Sam Selvon

March 2022: “Stony Grey Soil” by Patrick Kavanagh [Stony Grey Soil](#)

April 2022: [The Prophet](#) by Kahlil Gibran

May 2022: “Betrayal In The City” by Francis Imbuga.



Beryl Gilroy “Black Teacher”

Black Teacher by Beryl Gilroy Review – Bigotry In The Classroom – Guardian Review 28th June 2021

“In 1998, the late [Beryl Gilroy](#) wrote: “In the tradition of Black women who write to come to terms with their trauma, or alternatively to understand the nature of their elemental oppression, I wrote to redefine myself and put the record straight.” It’s important to start with this reflection when considering Gilroy’s 1976 memoir, *Black Teacher*, now republished with an introduction by [Bernardine Evaristo](#).”

“Last year there were calls to retitle schools bearing slave owners’ names, sparking a petition to name [Beckford primary school](#) in West Hampstead, north London, after Gilroy, a former head there. She deserves a similar level of recognition for her contribution to literature. Like ER Braithwaite’s [To Sir With Love](#) and Sam Selvon’s [The Lonely Londoners](#), *Black Teacher* is a rare document of Black British survival, doused in fury and humour and love.”

Beryl Gilroy

‘Strength, wit and incredibly imaginative teaching’: Beryl Gilroy at Beckford primary school in north London in 1971 – from Guardian Review 28th June 2021



Black Teacher – The Story of Beryl Gilroy: Camden Council

[Black teacher - the story of Beryl Gilroy - YouTube](#)



New Beacon Books – Finsbury Park



Acknowledgment: “Courtesy of New Beacon Books Ltd”

New Beacon Books – Finsbury Park

New Beacon Books

“New Beacon Books was founded in 1966 by John La Rose and his partner Sarah White. New Beacon was the UK’s first black publisher, specialist bookshop and international book distributor. For over 50 years New Beacon Books has made available to Britain and its communities, poetry, literature, non-fiction, history and children’s books from Africa, Caribbean, Asia, African America, Europe, South America and Black Britain.”

“John arrived in Britain in 1961. In 1966 he founded **New Beacon Books**, the first Caribbean publishing house, bookshop and international book service.”

Acknowledgment: “Courtesy of New Beacon Books Ltd”



Films



Mississippi Masala

Mississippi Masala

Mississippi Masala was the first film to be discussed at the NCL CCG Diversity and Inclusion Book, Film & Music Club in December 2020. There was feedback on how this was an educational cross cultural film – how we see race and culture from a different perspective and the differences with our own cultures.

NHSEI Synopsis: A luminous look at the complexities of love in the modern melting pot of vibrant cultures of India, Uganda, and the American South which come together in Mira Nair's Mississippi Masala. Years after her Indian family was forced to flee their home in Uganda by the dictatorship of Idi Amin, twentysomething Mina (Sarita Choudhury) spends her days cleaning rooms in an Indian-run motel in Mississippi. When she falls for the charming Black carpet cleaner Demetrius (Denzel Washington), their passionate romance challenges the prejudices of both of their families and exposes the rifts between the region's Indian and African American communities. **Tackling thorny issues of racism, colourism, culture clash, and displacement with bighearted humour and keen insight, Nair serves up a sweet, sexy, and deeply satisfying celebration of love's power.**



Harriet

Harriet

In this biopic, Harriet Tubman makes a harrowing escape from slavery and then risks her life to lead others to freedom via the Underground Railroad.

Harriet Tubman (born Araminta Ross) was an American abolitionist and political activist. Born into slavery in 1822, Tubman escaped and subsequently made some 13 missions to rescue approximately 70 enslaved people, including family and friends, using the network of antislavery activists and safe houses known as the Underground Railroad.

When the Civil War began, Tubman worked for the Union Army, first as a cook and nurse, and then as an armed scout and spy. The first woman to lead an armed expedition in the war, she guided the raid at Combahee Ferry, which liberated more than 700 enslaved people. In her later years, Tubman was an activist in the movement for women's suffrage.

Harriet Cont'd

There was a sub-plot with Harriet and the slave owner's son as they had grown up together. When Harriet was at risk of being captured for the 1st time following her initial escape she was trapped on a bridge with the river below. Harriet climbs onto the bridge and is warned she will risk certain death. Harriet's response is "I will be free or die." She is also encouraged to follow the North Star and if there are no stars to follow the river when escaping to freedom.

There is a moving scene towards the end of the film where the slave owner's son confronts Harriet in the forest. Harriet is able to take his gun and states that there are "the bones of generations of young men dying around you in agony for a lost cause, for a vile and wicked idea, for the sin of slavery." Harriet ends by stating, "God don't mean people to own people" and "God has shown me the future and my people are free, my people are free."

Other Quotes from the Film Harriet

Other quotes from the film:

“Fear is your enemy.”

“I would give every last drop of blood in my veins until this monster called slavery is dead.”

“I was never nobody’s property.”

Harriet’s final last words “I go to prepare a place for you.”

[HARRIET | Official Trailer | Now Playing - YouTube](#)

[Harriet \(2019\) - My People Are Free! Scene \(8/10\) | Movieclips – YouTube](#)

[Harriet final scene - YouTube](#)

There was a discussion where it was highlighted that this film is one of people who valued dignity above everything else, who lead a fearless life. Two themes emerge from the film: courage and fearlessness – both of which were unstoppable.



Summary of Film Club 2020 - 2022

December 2020: Mississippi Masala (1991) [Mississippi Masala - Wikipedia](#)

January 2021: The Help (2011) [The Help \(film\) - Wikipedia](#)

February 2021: The Boy in the Striped Pyjamas (2008) [The Boy in the Striped Pyjamas \(film\) - Wikipedia](#)

March 2021: Small Axe Films by Director Steve McQueen (2020)

<https://www.bbc.co.uk/programmes/p08vxt33>

April 2021: To Kill a Mockingbird (1962) [To Kill a Mockingbird \(film\) - Wikipedia](#)

May 2021: Hidden Figures (2016) [Hidden Figures - Wikipedia](#)

June 2021: The Death and Life of Marsha P. Johnson (2017) [The Death and Life of Marsha P. Johnson - Wikipedia](#)

September 2021: Mahanagar (The Big City) (1963) [Mahanagar - Wikipedia](#)

November 2021: Harriet (2019) - film on [Netflix](#).

December 2021: Jingle Jangle (2020) - film on [Netflix](#).

Summary of Film Club 2022

January 2022: The Guernsey Literary and Potato Peel Pie Society (2018)
[The Guernsey Literary and Potato Peel Pie Society \(film\) - Wikipedia](#)

February 2022: [Lilies of the Field](#) (1963)

March 2022: Belfast (2021) [Belfast \(film\) - Wikipedia](#)

April 2022: Charulata (1964) [Charulata - Wikipedia](#)

May 2022: Documentaries focusing on the life of Fela Kuti including:

- ❑ <https://www.youtube.com/watch?v=QtiAnjtYdwo> – Fela Kuti's activism for African People
- ❑ <https://www.youtube.com/watch?v=E4Jnl4jERqE> – Fela Kuti's Impact by Sir Paul McCartney



Music

2020- 2022



Title: Jean and Dinah

Singer: The Mighty Sparrow

Date: 25.02.22

Time: 11.30 – 12.15



North Central London
Integrated Care System

Linton Kwesi Johnson – Sonny's Lettah (Anti-sus Poem)

Summary of Music Club 2021

September 2021:

- ❑ Sachal Studios' Take Five Official Video - [Sachal Studios' Take Five Official Video - YouTube](#)
- ❑ [War / No More Trouble \(Live At The Rainbow Theatre, London / 1977\) - YouTube](#) – Bob Marley - War/No More Trouble (Live at the Rainbow Theatre London 1977)
- ❑ **Chanda Mama Door Ke** – Ravi Shankar - <https://www.youtube.com/watch?v=0nbujUoZS1Y>

November 2021:

- ❑ Ella Sheppard was an American soprano, pianist, composer and the matriarch of the original Fisk Jubilee Singers of Nashville, Tennessee.
- ❑ Jessye Mae Norman was an American opera singer and recitalist. She was able to perform dramatic soprano roles, but refused to be limited to that voice type.

December 2021:

- ❑ Chestnuts Roasting On An Open Fire by Nat King Cole & [Nat King Cole - Chestnuts roasting on an open fire - YouTube](#)
- ❑ Make it Work again – From the film Jingle Jangle [“Make It Work Again” | Forest Whitaker & Anika Noni Rose | JINGLE JANGLE | Netflix - YouTube](#)

Summary of Music Club 2022

February 2022: [Jean & Dinah](#) by Mighty Sparrow

March 2022: [The Gloaming | Opening Set - Live at Royal Albert Hall - YouTube](#)

April 2022: ["Fule Fule Dhole Dhole" \(The Swing Scene\)](#) by Rabindra Sangeet

May 2022: Upside Down (1976) by Fela Kuti

<https://felakuti.bandcamp.com/album/upside-down-1976>

June 2022 - Celebration of African Music:

❑ Miriam Makeba - [Miriam Makeba - Pata Pata \(Live 1967\) - YouTube](#)

❑ Hugh Masekela - [Hugh Masekela - Grazing In The Grass \(1968\) - YouTube](#)

❑ Salif Keita - [Tomorrow \(Sadio\) AFRICA! - YouTube](#)

Linton Kwesi Johnson

Linton Kwesi Johnson (born 24 August 1952), also known as LKJ, is a Jamaican dub poet and activist who has been based in the United Kingdom since 1963. In 2002 he became the second living poet, and the only black poet, to be published in the Penguin Modern Classics series.

[Linton Kwesi Johnson - Sonny's Lettah \(Anti-sus Poem\) – YouTube](#) - Linton Kwesi Johnson - Sonny's Lettah - Anti-Sus Poem (Sus, short for suspicion: The Vagrancy Act), a revived piece of nineteenth-century legislation that led to disproportionate arrests of black youths. Repealed 2000.

NHS OpenAthens account

An OpenAthens account is the gateway to a wide range of e-resources, such as e-books, e-journals, health databases and point of care tools, which are exclusively available for NHS staff and students and affiliated staff according to the NHS OpenAthens [eligibility criteria](#).



NICE National Institute for Health and Care Excellence

Register for a NHS England OpenAthens account

Please note that you need to activate your account before you can use it. Please read the information on the [page](#) and check your inbox for your activation email.

[Help me to complete this form](#) [More Information](#)

Please enter your name

First name

Last name

Please enter your professional / work / student placement email address

e.g. you@your-organisation.org.uk

Please enter your organisation. Students enter your student placement organisation

gps, practice staff in north centra

Full GPs, practice staff and CCG staff in North Central London

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- [Scotland](#)
- [Wales](#)
- [Northern Ireland](#)

To help the approval

north central london
TRAINING HUB



NHS
North Central London
Integrated Care Board

Registering for an NHS OpenAthens account

- Click [here](#) to go to the registration page.
 - Firstly fill in your name and work email address.
 - Enter **"GPs, practice staff and CCG staff in North Central London"** in the organisation box.
 - When the form is complete click "SUBMIT".
 - A confirmation screen will then appear and confirmation details will also be emailed to your email account.
 - Follow the link provided in the email to set your password.
- Your OpenAthens account is now ready for use!

I have an account – I've forgotten my password

If you forget your password, [click here](#) to reset it.

If you already have an account

If you already have an NHS OpenAthens account with another NHS organisation, you can [transfer this across](#) to your new organisation.

For further assistance or training

If you would like to find out more about our e-resources or to book a training session contact us at ncl.lib@nhs.net



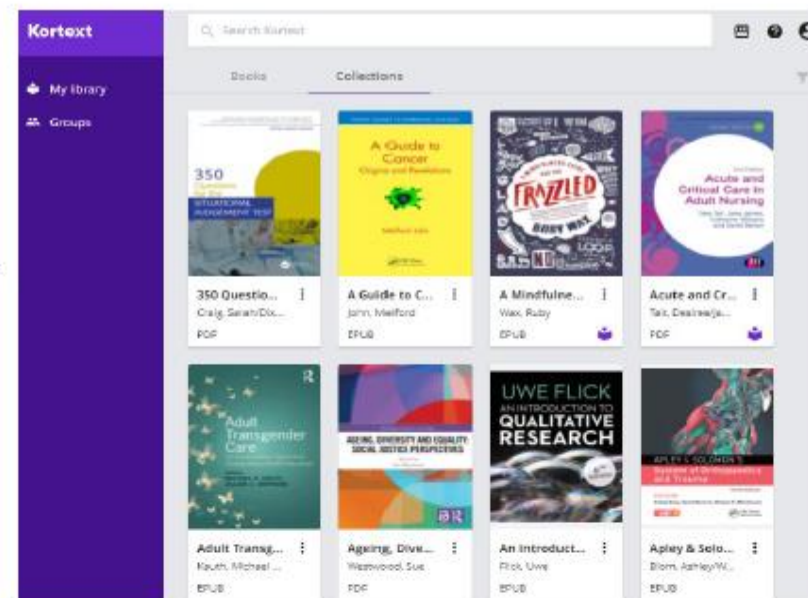
For more information contact your NCL Knowledge Specialists, Caroline Green and Magdalini Vasileiou at ncl.lib@nhs.net

Kortext e-books

Description	A growing collection of 250 e-books covering a range of subject areas including primary care, general practice, nursing, psychiatry, health management, diversity, inclusion, mentoring and coaching.
Access via OpenAthens	<ul style="list-style-type: none"> Register for an NHS OpenAthens account here Log in to your NHS OpenAthens account here Click on My resources and then select Kortext Click on Collections to see the available titles
Access via the Kortext app	<p>Step 1: Create a Kortext account</p> <ul style="list-style-type: none"> Access app.kortext.com/login on your desktop. Type GPs, practice staff and CCG staff in North Central London in the Sign in box Click the purple arrow and sign-in with your OpenAthens login credentials Use the search box to look for titles and load your bookshelf by clicking on the covers of the books you want to read At the Kortext landing page, click on your account settings in the top menu bar and sign out Go back to the app.kortext.com/login and type your OpenAthens email address in the username box. Click Forgotten password and set your password <p>Step 2: Download the Kortext app</p> <ul style="list-style-type: none"> Go to your device's app store, search for Kortext and download the Kortext app Login with your Kortext credentials. Please note: your login credentials are your OpenAthens email address and your Kortext account password

Using the e-books

On the landing page of the site, click on **Collections** to view all titles. Click on the cover of the book you'd like to read. The book will be automatically added to **Books** (which is your bookshelf) and will remain there for 7 days.



Display options



The options at the top right provide access to accessibility features, help and full-screen viewing. Accessibility features may not be available on all books, but if they are they will allow you to change the text size, typeface, and background colour.

Menu panel

The options on the left hand side (on larger screens) will allow you to:



Search for specific words or phrases within the book

View the table of contents and skip to specific chapters

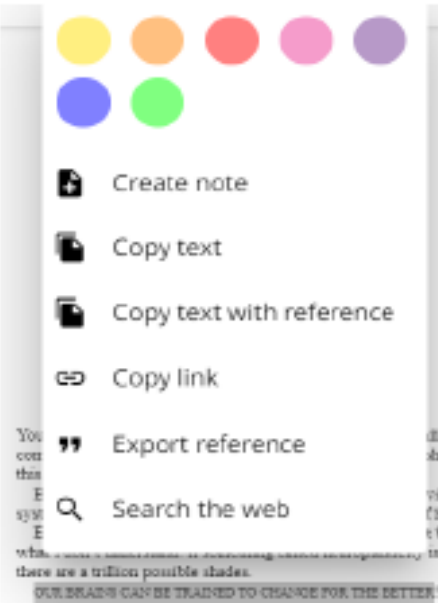
View any highlighted text or notes you've created

See any bookmarks you've added

Export references to RefWorks and Endnote

Print book sections (within limits set by the publisher)

Other features



Drag across a word or section of text and a pop-up will appear allowing you to:

- Highlight text in a range of colours
- Create your own notes
- Copy text with reference
- Copy the chapter link
- Export references
- Search the web for the specific word or text

All notes, highlights and bookmarks are saved in your account.

